

Gift OF HEALTH

OUR PHILANTHROPY MAGAZINE

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\$10 Million Gift will Expand Neuroscience Care at Trinity Health Ann Arbor

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A Publication for Donors of
Trinity Health –
Southeast Michigan



SPRING 2025

Pictured above: Alonzo Lewis, president, Trinity Health Ann Arbor, Livingston, Livonia and Oakland, Tamer Abdelhak, MD, neurosciences service line lead, Southeast Michigan, Trinity Health IHA Medical Group, Lacey Sapkiewicz, senior vice president, operations, Trinity Health Ann Arbor, Livingston, in the main entry of the Reichert building which will house the new neuroscience center.

A Message from our Regional Vice President of Philanthropy, Southeast Michigan



Spring is a time of renewal and brings the hope of new beginnings. Your support of Trinity Health is a meaningful symbol of hope – hope in the future of health care, hope in the power of community, hope in the ability to open our hearts to those in need.

In this issue, you will read about extraordinary, transformative gifts at our Trinity Health ministries in Ann Arbor and Oakland which are enabling the creation and expansion of entire programs. While those command a lot of attention, and rightly so, I cannot stress enough that every gift, of any amount matters. Gifts of time, too, show your partnership with us and your connection to the mission that drives us.

Individuals who act on a sense of community and service, give with an understanding of the vital role a strong community hospital plays in all our lives. It is this kind of partnership and support that allows us to truly live our mission to be a transforming, healing presence within our communities.

Simply stated, giving back brings us closer together and takes us further.

It is my honor and delight to have conversations with so many compassionate, supportive donors who are excited about what we can do together to uplift our communities for generations to come. Please know I so appreciate your thoughts and ideas, and I welcome hearing from you at: Douglas.Ferrick@trinity-health.org.

Thank you for walking with us on this journey. Enjoy this beautiful Michigan weather!

With heartfelt appreciation,

Doug

A handwritten signature in black ink that reads "Douglas W. Ferrick". The signature is written in a cursive style.

Douglas W. Ferrick

Regional Vice President of Philanthropy
Office of Philanthropy
Trinity Health – Southeast Michigan

\$10 Million Gift will Expand Neuroscience Care at Trinity Health Ann Arbor

Trinity Health - Southeast Michigan Philanthropy recently secured a \$10 million gift from an anonymous donor to create a neuroscience institute on the Trinity Health Ann Arbor hospital campus. The transformative contribution will fund the expansion of neuroscience services, introduce innovative technologies, and support significant renovations to the sixth floor of the hospital's Reichert Building. Construction is slated to begin later this year, with an anticipated opening in spring 2026.

The institute will open with new and expanded outpatient dementia and Alzheimer's care, and greater access to new therapies.

"This gift is not only significant in terms of facilities, programs, and services it will support, but it will also serve as a catalyst for continued growth and progress in the years to come," said Tamer Abdelhak, MD, (pictured at right caring for a patient) neurosciences service line lead, Southeast Michigan, Trinity Health IHA Medical Group. "Future generations will directly benefit from this generosity, experiencing improved coordination of care, and greater access to specialists, all of which will contribute to enhanced outcomes and a higher quality of life for our patients."



The neuroscience institute will focus on three key areas:

- **Ambulatory Clinic Space Expansion:** The sixth floor of the Reichert building will house neurology subspecialists, geriatric medicine, neuropsychology, neurodiagnostic testing, and infusion services.
- **Program Development:** The institute will initially focus on dementia and Alzheimer's care and will recruit additional specialists and clinical support staff to enhance patient services. Additionally, an endowment fund will be established to support physician time dedicated to research and teaching. Future plans include programs addressing Parkinson's disease and headache management.
- **Elevation of Care:** The institute aims to become one of the leading centers in Michigan for the treatment of complex neurological conditions, particularly stroke and Alzheimer's disease.

"This gift exemplifies how our dedicated donors can improve care in our community," said Alonzo Lewis, president, Trinity Health Ann Arbor, Livingston, Livonia, and Oakland. "By providing exceptional care close to home for residents of Washtenaw County and surrounding areas, we ensure that all our patients have convenient access to high-quality neurological services. I commend our neuroscience team for their unwavering commitment to elevating care standards and transforming the healing experience for our patients."

Trinity Health Ann Arbor's neuroscience program includes neurologists, neurosurgeons, and primary care physicians serving Washtenaw County. It has attracted patients from across southeast Michigan. Key investments over the past three years have led to advancements in care delivery and a doubling of patient volume across neuroscience subspecialties, including geriatric neurology, stroke care, spine, brain tumors, brain aneurysms, and epilepsy.

"Philanthropy is a powerful force for change and is essential to advancing our healing mission," said Doug Ferrick, regional vice president of philanthropy for Trinity Health - Southeast Michigan. "A gift like this can uplift communities and significantly improve lives. We are committed to utilizing this gift effectively to maximize its impact for our patients."

For more information about how to support future expansion of the neuroscience program at Trinity Health Ann Arbor, please contact AJ Quackenbush, gift officer, at 989-284-2123.

A Lifetime of Service . . .

Sister Linda Werthman

With more than 65 years of her life dedicated to the service of others, Linda Werthman, RSM, PhD, has seen tremendous change in the Catholic Church, health care and in the world. Still active in the governance of Trinity Health, Sister Linda serves on the Trinity Health Michigan Board as well as the Trinity Health Detroit Ministry Board.

Looking back, she reflected, “From the 1960s to the present day both health care and religious life have been in transition. Trinity Health has landed on its feet; they are strong. I think the founders, those with the original vision of our health ministry, would be proud.”

The Early Years

Linda Werthman was born in Detroit at Mount Carmel Mercy Hospital. Her father, a veteran of the US Navy, took advantage of the new housing constructed in Northwest Detroit, specifically the Brightmoor neighborhood, and moved his growing family there in 1945.



Sister Linda early in her religious life with her younger sister Clare.

The oldest of four children, Sister Linda recalled, “We were a traditional Catholic family. Our life revolved around our parish, St. Monica Catholic Church.”

That included going to the parish school, which was run by the Sisters of Mercy. “The Sisters were good teachers, and they were good to me,” she remembered. “I just knew as early as grade school that I would join the Sisters of Mercy.”

In 1960, at age 17, that’s exactly what she did.

Forging Her Path

The convent, the Detroit province of the Sisters of Mercy, was located at Mercy College in the Administration Building.

“You were missioned either as a teacher or a nurse in the 60s,” Sister Linda said. “I received an assignment to Nursing, which I really did not think I could do. Fortunately for me, we were on the edge of Vatican II and trying new things. I discussed this with the director of Postulants, and she allowed me to change.”

Sister Linda chose to major in History and earned her teaching certificate. In 1965, she went to teach junior high math and science at Holy Cross school in Lansing.

“After three years teaching, I decided I wanted to pursue my education in social work,” she said “I had students in my classes that were hard to contain. I realized that this was something in their past or homes that they carried with them into the classroom. I felt drawn to help with that.”

Following their final vows, the Sisters were to declare a graduate program in a discipline that was needed. The tradition was that graduate studies were usually completed in the summer.

“I saw the need for social work,” said Sister Linda. “The Sister who counseled on graduate education recommended a masters, which meant my studies would go beyond the summer into the school year. I suggested that I could apply for grants, Sister agreed.” Sister Linda received grant funding and, in the Fall of 1969, went on to study at Michigan State University. It was her first arena outside, as she puts it, her ‘Catholic bubble.’



Linda Werthman, RSM, in her official golden jubilee portrait celebrating her 50th anniversary with the Sisters of Mercy in 2010.

Vatican II Opens Up the World

From 1962-1965, Pope John XXIII convened Vatican II, or the Second Vatican Council, with the goal of bringing the Church "up to date" and to address the challenges and opportunities of the modern world.

"The 60s were an upheaval in society and in the Church. I took my final vows in 1968, so I was coming of age right in the thick of it. The Church was encouraging us to cultivate a deep relationship with God and to revisit the original founding vision," Sister Linda said.

She continued, "It became clear to us that in our eagerness to meet needs, we lost sight of the original mission. For our foundress, Catherine McAuley, it was a house of mercy for women at risk. We needed to determine, for us, today, what does this mean?"

As Sister Linda explained, "We were trying to find our way, introducing other ways to meet the needs we saw. Those were heady times with so much to explore. It was truly an opening up of my Catholic world."

Her Role in Health Care

From 1969 to 1971, Sister Linda pursued her master's and through that work/study, she was exposed to the impact of major national issues from the war on poverty to the war in Vietnam.

In the meantime, the Detroit province of the Sisters of Mercy recreated their governance. "Those of us who were younger advocated for a Director of Community Services [in addition to the existing directors of Health and Education]," said Sister Linda. "Women were choosing new ministries, and our structure needed to support that." The new position was created and Sister Linda became the first and only Director of Community Services.

At this time, the Sisters of Mercy ran five health care corporations. One of them invited Sisters missioned outside of health care to sit on their board to offer a broader leadership perspective. Sister Linda was asked to be on the board of the Lansing - Jackson corporation. She has served in health care governance ever since.

The health care leadership continued to evolve with corporations merging and changing with the goal of preserving hospitals struggling with financial issues and leadership needs.

"We brought in lay leaders," said Sister Linda. "They could see the potential, and had the business expertise to help us stabilize our operations."

Now teaching at the Mercy College of Detroit, she was instrumental in helping the social work program achieve accreditation in 1980. With the approval of the Mercy community, she went on to Case Western Reserve University to earn her doctorate.

In the late 1980s she also took a role as Director of the Special Initiative for the Poor. The focus of this 18-month project was to develop a community assessment of human needs.

"It was really new at the time," Sister Linda said. "We ran data about service areas, we looked at the zip codes and identified populations at risk."

Philanthropy and Health Care

Through decades of service in Catholic health care governance, Sister Linda has seen the necessary, transformational role of philanthropy. While historically congregations of women religious were often asked by a bishop to meet community needs for health care, she said, they did not – and still don't – accomplish this mission without the help and support of community partners.

"Religious communities never established these ministries by themselves," she said. "There were always people who worked with them to establish what the community needed. Many did this through financial or capital support. Still others gave their time. Then as now, philanthropy sustains what we do and enables us to serve."

continued on next page



The profession of final vows 1968. Sister Linda is pictured in the back row, third from right.

Staying Steady Through the Tides of Change

Still living in Detroit, Sister Linda continues to volunteer her time and resources to the Detroit community in ways great and small, including as a regular volunteer at the Pope Francis Center in Detroit and at the St. Suzanne Cody Rouge Community Resource Center.

Her Trinity Health board service keeps her engaged in the important work of health care and she remains driven to lend her experience and perspective.

"I firmly believe that health care, while we function as a mission-driven business, is a social good. And that idea – defining ourselves as a community resource – I believe still needs to be our north star. If the community sees us as that, they will walk with us and support us."



As the debate continues about the importance of access to health care and what that looks like, the greatest need, she says, is for Trinity Health to stay in the national conversation and not only survive but thrive.

"Being in health care administration is not for the faint of heart," she said. "At Trinity Health, we have a strong team. They keep their eyes on the mission and try to manage the storm around us. What the Sisters created is being held in trust, and I am confident and proud that we are respecting the original vision. The hard work continues."

The Trinity Health Detroit Ministry Board pictured with the mosaic commissioned for the opening of the Samaritan Health Center (a merger of St. Joseph Mercy Hospital and Deaconess Hospital) on Conner in Detroit. The two figures in black are a Sister of Mercy of the Americas on the left and a Deaconess from the Evangelical Synod of North America at the right. From left: Linda Werthman RSM; Paul Hughes-Cromwick, Board Chair; David Spivey; Tawana Nettles-Robinson, executive director of Trinity Health Detroit; Donna Givens Davidson; Elizabeth Curtis; Michael J. Prisky; Larry Warren; Shannon Striebich, president and CEO, Trinity Health Michigan Market; Brian Frey. Not pictured: Denise Fair; Douglas Ferrick, regional vice president of philanthropy; and Kenyetta Campbell.

About Trinity Health Detroit Ministry

Trinity Health began its enduring legacy in the City of Detroit with a hospital established by the Sisters of Mercy in 1923.

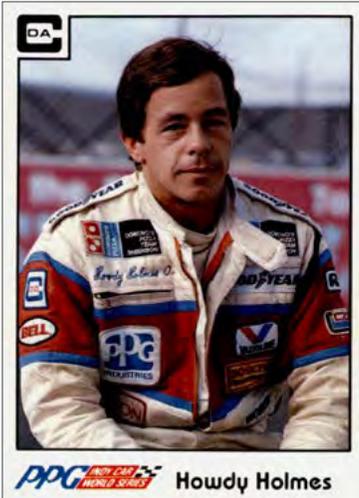
In 2001, Trinity Health reaffirmed its commitment to the Detroit community by choosing to donate the former 580,000-square-foot Mercy Hospital and campus to Holy Cross Children's Services and SER Metro-Detroit (SER stands for Service, Employment, and Redevelopment). These nonprofit partners have converted the hospital into Samaritan Center offering community programs and services with the goal of meeting health, education, and social needs of Detroiters. The emergency room was transformed into a primary care clinic, Mercy Primary Care Center, operated by Trinity Health to serve uninsured and underinsured patients. Recently renamed Trinity Health Primary Care - Detroit, this clinic partners with nonprofits such as St. Frances Cabrini Clinic, SAY Detroit Family Health Center and Cody High School to deliver holistic primary health and social services to citizens of Detroit and Highland Park.

Trinity Health Detroit serves nearly 10,000 patients a year in Southwest Detroit and Highland Park with preventive and wellness care, management of chronic disease and connecting people to the services they need. At Cody High School Trinity Health Detroit provides a Nurse Practitioner and Community Health Worker serving about 150 students annually.

Want to learn more or to support? Please visit mercyprimarycare.com.

Howard S. Holmes II Donates Car Transfer Simulator to Chelsea Hospital's Inpatient Rehabilitation Unit

Chelsea Hospital, a joint venture hospital between Trinity Health Michigan and University of Michigan Health, recently received a TRAN-SIT Car Transfer Simulator, which will help patients in the newly expanded Inpatient Rehabilitation Unit reclaim independence by allowing them to practice getting in and out of a vehicle safely within a controlled environment. The generous donation was made by Howard S. Holmes II, president and CEO of Chelsea Milling Company.



To honor his father, Howard "Howdy" S. Holmes, chairman of the board and cultural and strategic advisor of Chelsea Milling Company, and his legacy as a racecar driver and leader in the community, Holmes II had the TRAN-SIT painted to look like the car Howdy drove during his celebrated career as a racecar driver (see photo at left). In his 20 years on the track, Howdy won many regional races and honors. He competed in the Indy 500 a total of six times before retiring from racing in 1988 to rejoin and lead his family's business in Chelsea.

"We are so appreciative to Howard for this generous gift and the support it will bring to everyday people looking to regain their independence following a medical event," said Ben Miles, president of Chelsea Hospital. "Not only does this donation honor the legacy of his father, Howdy, but it is a testament to the man Howard is and the leader he has become in our community."

In giving the gift, Holmes II acknowledged that his mother, Carole, also instilled in him a desire to give to the hospital through her generous and tireless support of the Chelsea Hospital Cancer Center.

"As a not-for-profit organization, Chelsea Hospital relies on the support and partnership of civic leaders like Howard, who through a sense of community and service, give with an understanding of the vital role a strong community hospital plays in all our lives," said Doug Ferrick, regional vice president of philanthropy, Trinity Health – Southeast Michigan. "We are grateful for Howard's support as we carry out our mission to be a transforming, healing presence within our community."

The TRAN-SIT was unveiled in a dedication ceremony attended by the Holmes Family and staff from Chelsea Hospital's Inpatient Rehabilitation Unit.

If you are interested in joining Howard and his family in supporting Chelsea Hospital's healing mission, please contact Jennifer Maisch, director, philanthropy, Chelsea Hospital at 734-649-7481.



From left standing: Howard S. Holmes II, Caroline Holmes and seated in the car, Howdy Holmes and Carole Holmes. The milk Carole is holding is a nod to the decades-old tradition of the Indy 500 winner celebrating with a glass of cold milk.

Hope Grows at The Farm at Trinity Health

Vanessa Revelli's Journey to Good Health

Imagine receiving the news of a life-threatening diagnosis, being a single mom and wondering how you were going to feed your family. That is exactly where Vanessa Revelli of Ann Arbor found herself just a few years ago.

"In November 2021, I just wasn't feeling well. It's hard to describe, I was dizzy, and just had a lot of weird symptoms," Vanessa recalled. "I started at Urgent Care, and they sent me to the Emergency Department [at Trinity Health Ann Arbor]. I was diagnosed with liver failure."



Vanessa, center, with son Vincent Barlow and daughter Julia Revelli.

"I did not realize how sick I was until I was advised to 'get my affairs in order,'" she said. "I remember saying 'No, that is not acceptable. My kids need their mom.'"

The outlook was not promising, but Vanessa was willing to try anything the care team recommended. Determined to change her outcome, Vanessa worked with her Trinity Health doctors to regain her health. In addition to a dozen medications, dietary needs were a priority.

"Real and lasting change to more nutritious, fresh food was a key component," she said.

Vanessa had always been an active person and diligent worker — she owned and managed a small business for several years. Suddenly all that changed.

"I was so sick that I had to stop working. I just did not have a choice," she said. "Thankfully I was connected with a caseworker at Trinity Health Ann Arbor who helped find resources and financial support for my family."

Vanessa applied for assistance, but soon learned that it would not provide everything she needed. "That's when I found out about The Farm," she said. "We were so fortunate to qualify for Farm Share Assistance."

Why a Hospital-Based Farm?

Trinity Health believes that food is medicine. That concept is brought to life through hospital-based farm programs at our Ann Arbor, Oakland and Muskegon locations, which connect thousands of people, like Vanessa and her family, to the healing power of cultivating and eating nutritious, local food.

The Farms are actual working farms that produce crops and also partner with local farmers to supply The Farm Share, a healthy produce program modeled after a traditional CSA (Community Supported Agriculture). The Farm works with more than 20 local farmers each week to design and pack a box of nutrient-dense, local produce. Membership includes access to recipes, cooking demonstrations and a variety of seasonal farm events. Thanks to the generous support of community members and businesses, The Farm offers the Farm Share Assistance program for those struggling to afford healthy food.

"Fresh fruits and vegetables were an important part of what gave me my health back," said Vanessa. "Thanks to The Farm, I could get the foods that my nutritionist said I needed. It was material for my health and for my kids, especially my youngest who was just 10 at the time and still growing. Fresh produce is expensive. Without The Farm and a free farm share, I would never have been able to afford it."

"It's not an exaggeration to say that The Farm helped save my life," she added.



Vanessa, right, sharing her story with guests at the Help Us Grow campaign kick off event at The Farm at Trinity Health Ann Arbor this past Fall as Jae Gerhart, manager, farm programs, The Farm at Trinity Health Ann Arbor, looks on.

Part of The Farm Family

Vanessa came to The Farm for help nourishing her body. She never expected to nourish her soul.

“Every person was so welcoming, so supportive,” said Vanessa. “When I got there, it was absolute love. I was getting a free share, but I just felt like a member of The Farm. It really is a place full of acceptance and hope.”

As sick as she was, Vanessa wanted to be able to give back.

“I asked what I could do to help, and I started volunteering. When I started, I could only work for about 45 minutes, but they understood that. The team at The Farm has been and continues to be champions for me,” she said. “They have become family.”

Looking Forward to the Future

Vanessa’s health has exceeded all expectations. Surviving three nearly fatal episodes that first year, and the hard work of relearning to stand and walk, today she is enjoying the gift of good health. Vanessa is working as well as finishing her degree in social work. She will graduate in June.

“I’m off the transplant list and I’m down to just four medications,” beamed Vanessa. “My health has completely turned around. Believe me, I know that a recovery like this is rare, and I feel beyond blessed.”

Becoming an Advocate

Vanessa’s connection to The Farm continues to be strong. She volunteers and simply enjoys spending time there. “This is my third year packing Farm Share boxes, my daughter volunteers along with me,” she said.

“I have always been service-minded, but not to the level I am now. I have a story to tell,” said Vanessa. “I want to let people know that they do not have to be embarrassed if they need help to feed their family. There is no shame at The Farm. This is a place of love and nurturing.”

To learn more about how you can help support The Farm at Trinity Health Ann Arbor, contact AJ Quackenbush, gift officer, at aj.quackenbush@trinity-health.org or 989.284.2123

Will You Help Us Grow?

Launched in Fall of 2024, the Help Us Grow campaign strives to raise \$100,000 over the next year to support The Farm and programs like the Farm Share assistance that was critical for Vanessa and her family, as well as educational programs and infrastructure needs.

Will you partner with us to reduce food insecurity, and create a future where all people have access to healthy food which can prevent, treat, and even reverse diet-related disease?



Scan the QR code here to learn more about The Farm.



Vanessa looks forward to enjoying some swiss chard, freshly picked from a winter crop in the Linkner hoop house at The Farm at Trinity Health Ann Arbor. Pictured with her at left is Jae Gerhart, manager, farm programs.

Philanthropy launches Trinity Health Academy – An Immersive Experience in Health Care



Trinity Health Academy participants tour the new hoop house at The Farm at Trinity Health Oakland with Katelyn Smoger, Director of Food is Medicine and Farming.

The Southeast Michigan Office of Philanthropy recently partnered with various clinical teams to host Trinity Health Academy, an immersive experience with rarely granted access to our facilities for donors and special guests.

This behind-the-scenes exclusive opportunity offers an inside look at clinical and operational areas not typically available to patients and visitors. Participants see Trinity Health values in action and learn what distinguishes our people and programs from other hospitals.

The first session, held at Trinity Health Oakland (THOA), took place over one action-packed full day, and included an observation of a surgical procedure, guided tours of the neonatal intensive care unit, The Farm and more. Clinical leaders in these areas provided educational presentations and facilitated discussions with the group with the opportunity to ask questions.

“Working closely with our clinical colleagues, we are able to offer enriching and exclusive rotations to our participants that they would never experience otherwise, such as observing a cardiac procedure in the operating room with Dr. Charles Schwartz, our chief of surgery,” said Jill Schubiner, gift officer, who organized the inaugural Trinity Health Academy class at THOA. “We understand and truly value the connection our donors feel to our work, and we are so pleased to be able to offer them this immersive and fun experience.”

“We thought the Academy gave us a unique insight into the hospital operations that non-medical people normally don’t receive,” said recent Trinity Health Academy graduate, Terry Desmond, who attended at Trinity Health Oakland along with his wife, Betty. “Our appreciation for the work being done increased significantly.”

The Academy was also recently offered at Trinity Health Ann Arbor. Held over multiple days, this session was designed specifically for community leaders and key business partners.

The goal of both formats is to inspire and engage participants as they observe our talented, compassionate caregivers and clinicians providing exceptional care to all who need us.

“We received an overwhelmingly positive response from our participants and look forward to continuing the Academy at Trinity Health Oakland and launching it at our other hospitals in Michigan,” said Jill.

To learn more or apply for a future Trinity Health Academy session, please contact Jill Schubiner at jill.schubiner@trinity-health.org

Academy participants listen intently as Javier Valle, MD, Interventional Cardiologist, provides an overview of cardiovascular disease and the advanced care offered at Trinity Health Ann Arbor Hospital.



Trinity Health Oakland Receives \$30 Million Gift to Enhance Emergency Department and Women's Health Services

Trinity Health Michigan received a \$30 million gift from the estate of longtime Oakland County residents Steve and Vivian Stolaruk. The gift has been earmarked to support future capital needs at Trinity Health Oakland, primarily funding the hospital's recently announced emergency department expansion and future enhancements to women's health services.

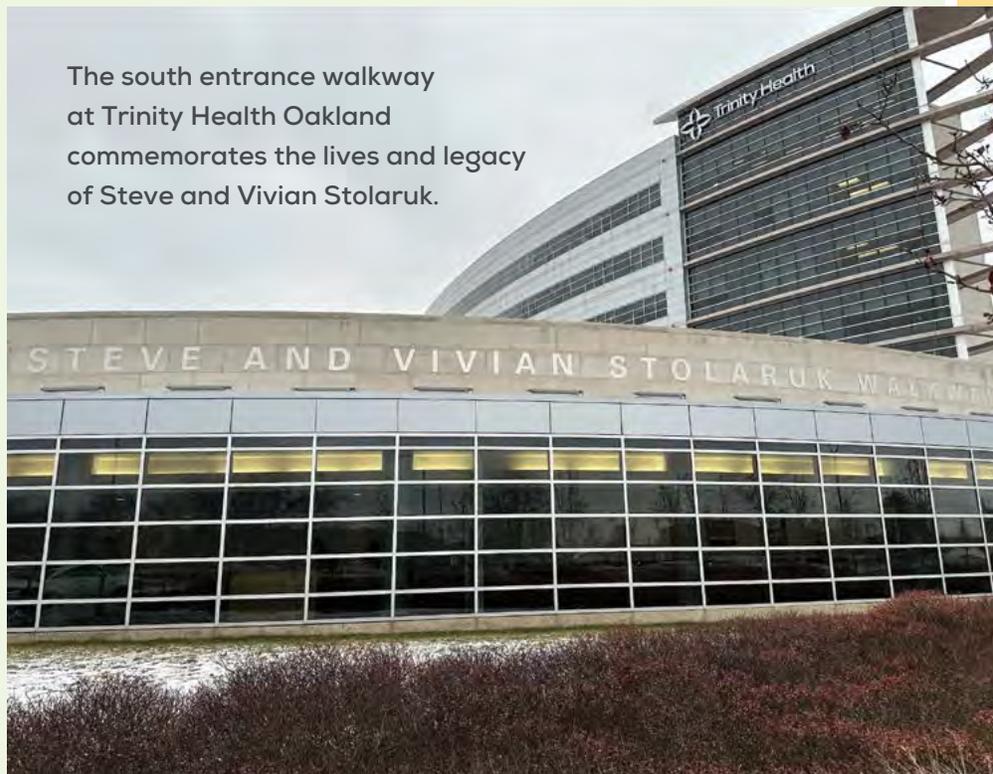
"The Stolaruks' incredible generosity will allow us to elevate the quality of care we deliver to patients and enhance the experience they have while seeking treatment in the hospital," said Fabian Fregoli, MD, chief medical officer and president of Trinity Health Oakland. "As a not-for-profit health system, philanthropic support is essential for our growth and our ability to provide advanced care in a modern, healing environment. We are going to make sure that this transformative gift is put to good use for the benefit of the communities we serve."

To celebrate the Stolaruks' legacy and generosity, the hospital recently named a walkway, located on the south side of the hospital campus, the Steve and Vivian Stolaruk Walkway (pictured below).

"During their lifetimes, the Stolaruks were deeply passionate about their community and advancing Catholic health care for future generations," said Doug Ferrick, regional vice president of philanthropy, Trinity Health - Southeast Michigan. "Our healing mission relies on the generosity of organizations, individuals, and families like the Stolaruks, who are committed to philanthropic giving. We are humbled and grateful for this generous gift."

Construction of Trinity Health Oakland's new emergency department broke ground in June 2024 and will include the following upgrades:

- The footprint of the emergency department will more than double in size — roughly 50,000 square feet — compared to the existing space, which is approximately 19,000 square feet. This will also result in larger patient care rooms and spaces to enhance comfort and healing.
- A dedicated behavioral health unit that will increase the hospital's capacity to serve patients and provide care in a private, dignified setting.
- Dedicated space for pediatric-focused care.
- A newly constructed ambulance entrance designed to streamline the process for EMS vehicles and improve their turnaround time for patient drop-offs and re-deployments.
- An enhanced lobby aimed at creating a more efficient and smooth triage process for patients.
- New and additional trauma bays.



The south entrance walkway at Trinity Health Oakland commemorates the lives and legacy of Steve and Vivian Stolaruk.

If you're interested in learning more about Trinity Health Oakland's emergency department renovation project, please contact Craig Peiser, director, corporate philanthropy & major gifts, Trinity Health at 248-736-5815.

Smart Giving: Using Your Gains to Invest in Health

Many people turn to their checkbook or credit card when giving to a cause they care about. Cash gifts are the most common vehicle for philanthropy; it is a perfectly valid and convenient way to have an impact and receive a tax deduction for the gift.

There is, however, another way to make gifts which can pay greater dividends to you when you support Trinity Health. Many donors like you have discovered how easy and financially beneficial it can be to make charitable contributions of stock. If you own stock that has appreciated in value over time, making a gift with a portion of it can provide significant savings to you over a donation of cash. In addition to receiving a tax deduction for the full value of the securities you donate; you can avoid capital gains tax you would have to pay if you sold it for cash.

It's easy to do

To make a charitable gift of stock, simply reach out to Trinity Health's philanthropy team. We will provide the written instructions that you can give to your broker or financial advisor so they can electronically transfer the shares. You then simply notify us that you are making the gift, and we will process the shares of stock once they are transferred from your account. You'll receive an acknowledgment letter that you can save for your records and provide to your tax professional.

David's "light bulb" moment

Consider David's situation: He had planned to support a major campaign for a new facility with a five-year gift, and had determined that he could pay the gift out of his savings account where he saved excess cash throughout the year. The gift was larger than the amount he usually gave, and though it would be a stretch, he was certain he could do it. As he was in the process of communicating his pledge intent, an advisor asked if he had considered making the pledge payments by donating shares of stock. They talked more about this option and David realized that not only would he get the normal tax deduction, but he would avoid the capital gains tax he normally has to pay when selling stock. On top of that, David realized he had actually paid much less for the stock years ago, so his gift is costing him even less.

To consider whether making a gift this way would benefit you, or to make a gift of stock, reach out to your contact in the office of philanthropy, Trinity Health - Southeast Michigan, or contact George Westerman, senior philanthropy director for gift planning, at george.westerman@trinity-health.org or 248-310-5854.



Trinity Health Livingston Opens Adolescent Mental Health Intensive Outpatient Program

Trinity Health Livingston has opened a new Adolescent Mental Health Intensive Outpatient Program for youth living in Livingston County. The program offers a higher level of care than traditional outpatient therapy while still allowing patients to live at home and to maintain daily routines. The program provides group, individual, and family therapy to help manage symptoms and improve the patient's overall health and well-being.

This announcement follows the opening of an adult mental health intensive outpatient program earlier this year at Chelsea Hospital, a joint venture of Trinity Health and University of Michigan Health, and a sister hospital to Trinity Health Livingston.

"The launch of our second Mental Health Intensive Outpatient Program this year underscores our commitment to making mental health care more accessible in the communities we serve, including for residents of Livingston County," said Melissa Tolstyka, director of behavioral health at Trinity Health Ann Arbor and Trinity Health Livingston.

"We believe mental health care requires a personalized approach, and the outpatient setting can provide enhanced support through more tailored treatment plans designed to achieve the very best outcome for each patient," Melissa added.

Goals of the program include:

- Developing coping mechanisms
- Improving communication skills
- Enhancing self-esteem and self-confidence
- Addressing underlying issues contributing to mental health challenges
- Facilitating transition from a higher level of care back to community life.



"This program is testament to our ongoing commitment to enhancing mental health care in Livingston County," said John O'Malley, president of Trinity Health Livingston and Trinity Health Medical Center – Brighton. "Our mission is to provide local residents with the tools and resources needed to manage mental health challenges, allowing them to live with increased stability and confidence. By enhancing access to care locally, we are making sure that support is close and convenient for those in Livingston County who need it most."

For more information about the program or to learn how you can support keeping local care local, please email Lindsay Debolski, gift officer, Trinity Health Livingston, at lindsay.debolski@trinity-health.org.

Walter M. Whitehouse, Jr., MD, Endowed Chair for Surgery Fund Celebrates 10 Years of Impact



Distinguished speakers at the Whitehouse Fund 10th Anniversary Celebration included, from left: Melanie Edwards, MD; Deacon Randall Desrochers, MD; Mac Whitehouse, MD; Alonzo Lewis, president, Trinity Health Ann Arbor, Livingston, Livonia and Oakland; and John Eggenberger, MD, Walter M. Whitehouse, Jr., MD, Endowed Chair of Surgery and medical director, surgical services, Trinity Health Ann Arbor and Livonia Hospitals.

Supporters and friends of Trinity Health Ann Arbor gathered in November 2024 to celebrate the inspiring impact the Walter M. Whitehouse, Jr., MD, Endowed Chair for Surgery Fund has had on physician education and patient care over the past decade since it was established.

“We are gathered to celebrate you, and the work accomplished because of your generosity,” said Dr. Whitehouse to supporters at the event.

What is the Whitehouse Fund?

In 2014, after a decade of raising money for capital projects, the philanthropic focus of Trinity Health Ann Arbor expanded to operating initiatives – with surgery as the first department to establish an endowed chair. Dr. Whitehouse, Chair of the Department of Surgery at that time, was humbled to have the endowment named in his honor.

“I had the pleasure of working with fellow surgeons, as well as administrators, family, friends, patients, and the community to fund the endowment beyond its original goal of \$1.5 million raising \$2.1 million,” he said. “Generous supporters from within our community and the medical staff made this vision a reality.”

With the goal of helping Trinity Health Ann Arbor remain on the forefront of surgical care, while supporting technology and care paths aimed at reducing pain and recovery periods, promoting dignity and privacy, and instilling hope and comfort for our patients, the fund supports surgical technology upgrades, clinical research studies and physician education opportunities.

John Eggenberger, MD, became the first Walter M. Whitehouse, Jr., MD, Chair, a role he has held for the last 10 years. During this time, he has provided oversight and coordination for the use of these funds to ensure alignment with the intent to support research, technology, and physician education.

“I’m pleased to share that the fund has enabled our surgery program to make great strides in these areas,” he said. “One recent example is the purchase of the Cios Spin 3D fluoroscopy unit to complement the purchase of the ION Robot Catheter by our cancer center colleagues.”

This unit allows for more precise localization of the catheter utilized to perform diagnostic biopsies of lung nodules suspected of being malignant. It has both improved diagnostic capabilities and reduced risk and anxiety for patients at Trinity Health Ann Arbor, according to Dr. Eggenberger.

“Physicians are continuous learners,” he added. “They regularly express their gratitude to me for the educational opportunities the Whitehouse fund has afforded them. With every learning, patients benefit and better outcomes are realized. This was part of our vision and I’m so pleased that it’s become a reality for so many dedicated physicians.”

To learn more about or to support the Walter M. Whitehouse, Jr., MD Endowed Chair for Surgery Fund and help Trinity Health Ann Arbor to remain on the forefront of surgical care, please contact AJ Quackenbush, gift officer, Trinity Health Ann Arbor at 989.284.2123.



About Dr. Mac Whitehouse

Dr. Walter “Mac” Whitehouse practiced vascular surgery at Trinity Health Ann Arbor Hospital for

thirty years, serving as Chair of Surgery for two decades. He led by example, demonstrating that surgeons can be leaders, committed teachers and compassionate healers in addition to being talented clinicians.

Next Generation Surgical Robots, Including New 'da Vinci 5' Systems

at Trinity Health Ann Arbor, Livonia and Chelsea Hospitals

Trinity Health Michigan announced the acquisition of "da Vinci 5" robots at Trinity Health Ann Arbor and Chelsea Hospital, and a "da Vinci Xi" robot at Trinity Health Livonia, further strengthening our standing as home to one of the most comprehensive robotic surgery programs in southeast Michigan.

The new da Vinci robots bring the total number of robotic surgery systems to 19 across Trinity Health Michigan's statewide health system, underscoring our commitment to providing patients with greater access to advanced and innovative surgical care.

"Our patients know when they come to a Trinity Health hospital, they receive the most advanced surgical care, delivered by skilled robotic surgeons," said Rosalie Tocco-Bradley, MD, PhD, chief clinical officer, Trinity Health Michigan. "Through these acquisitions, we expect to increase our capacity, grow our surgical case volumes, improve patient outcomes, and ultimately provide our patients with shorter wait times for a robotic procedure."

Robotic surgery offers patients a less invasive alternative to traditional open surgery and conventional laparoscopy, placing a surgeon's hands at the controls of a state-of-the-art robotic platform. The benefits include significantly less pain, less blood loss, less scarring, shorter recovery times, and a better clinical outcome with a faster return to normal daily activities.

Within Trinity Health Michigan, our expert surgeons not only perform a high volume of advanced, robotic procedures but they are highly sought after to train other surgeons from across the country. Several Trinity Health Michigan surgeons were among the first in the state to perform complex procedures using these robotic surgery systems.

Underscoring its expertise and experience within its robotic surgery program, in 2023, Trinity Health Ann Arbor earned accreditation as a Center of Excellence in Robotic Surgery (COERS) from the Surgical Review Corporation. This accreditation reflects the hospital's success in meeting or exceeding patient safety and quality care standards in the area of robotic surgery. In acute care cases – such as cholecystectomies, appendectomies, and hernias – Trinity Health Ann Arbor leads all hospitals throughout the state in robotic surgical volume.

"As a surgeon, I'm fortunate that Trinity Health provides me with the most advanced tools, enabling me to deliver the highest quality care and the best possible outcomes for my patients," said Amanda McClure, MD, a colorectal surgeon and chair of the Robotic Surgery Steering Committee at Trinity Health Michigan. "These technologically advanced systems enhance vision, precision, and control, all while providing me with real-time feedback. Anyone considering surgery should carefully research their options, including whether robotic surgery is appropriate for them. It's important to choose a highly trained and experienced robotic surgeon and to ensure the provider has capacity to schedule the procedure promptly."

Trinity Health surgeons perform a wide range of robotic procedures, including heart, colon and rectal, gynecology, oral cancer, thoracic and lung, urology, general surgery, hernia, bariatric surgery, and acute care cases.

In 2024, Trinity Health Michigan hospitals performed more than 7,000 da Vinci procedures, with that number expected to grow this year.

If you are interested in supporting surgical advancements at Trinity Health or would like to learn more, please contact AJ Quackenbush, gift officer, at 989-284-2123.



Amanda McClure, MD, a colorectal surgeon and chair of the Robotic Surgery Steering Committee at Trinity Health Michigan, is photographed at the controls of one of the health system's newly acquired, next generation da Vinci 5 Robotic Surgical Systems.

Spotlight on Forging our Future Campaign Co-Chairs Scott Griffith and Kelly Myers



Trinity Health Livingston (THLN) is humbled to have Scott Griffith and Kelly Myers (pictured at left) as co-chairs of the Forging our Future Campaign Cabinet. Working alongside hospital leadership and the philanthropy team, the campaign cabinet helps spread awareness, build excitement and participation, and reinforce why this hospital project is so important. The cabinet includes involved community members who have an affinity for the health and well-being of our neighbors throughout Livingston County.

With busy careers and family lives, Scott and Kelly generously lend their time and expertise to leading the cabinet to support Trinity Health in building a new hospital for Livingston County. We recently connected with them to learn more about why.

Q: Tell us a little bit about yourself

Scott – I was born at the McPherson Hospital [Trinity Health Livingston] in Howell in 1957 and am the 5th generation in the county on my mother's side of the family. I grew up in the Brighton area and graduated from Brighton High school 50 years ago, this year. I have been the president of Griffith Realty since 1981 where I manage and sell residential and commercial real estate. I have committed myself to a life of service. This has meant that I have served in many capacities in the community, hopefully helping it to grow and evolve into a better and better place to live.

Kelly – I am the managing member of Myers & Myers, PLLC, in Howell, a boutique business and real estate law firm. Twenty of my 31 years of practicing law have been in Livingston County. My husband, Roger, and I moved to the county in 1994. We have four children, three of whom graduated from Brighton High School (BHS), and one is currently a sophomore at BHS.

Not only have I had the privilege of raising a family and running a business in Livingston County, but I have also been able to give back to the community through various organizations such as serving on the Livingston Arts Council, Oak Pointe Board of Directors, The State Bank/Fentura Financial Board of Directors, various committees at the Brighton United Methodist Church, and the Forging the Future campaign for Trinity Health Livingston Hospital.

Q: Why did you decide to dedicate your time to leading the Forging our Future campaign as a campaign co-chair?

Scott – I am proud to be a campaign chair for a remarkable project that can bring state-of-the-art health care to our community. There are only going to be a few opportunities for this significant of an investment in our health in the future, and I want it to be successful.

Kelly – My involvement with Trinity Health Livingston Hospital started in 2008 when friends asked us to join a fundraising committee for what was then called the Harvest Ball. By 2010, my husband and I were the first people outside the medical field to chair the Harvest Ball. We forged lifelong friendships through our service to the hospital and became immersed in the Trinity Health services, mission, and culture. As a Christian, Trinity Health's mission to "serve together in the spirit of the Gospel as a compassionate and transforming healing presence" profoundly impacted me. Harmonizing medicine and faith to improve health care and address the whole person's needs is critical. Bringing this synergy to our community through a new state-of-the-art hospital is energizing.

When asked to co-chair the Forging the Future campaign, I was honored and humbled. Serving with my esteemed co-chair, Scott Griffith, has been fulfilling beyond expectations. We have worked with an exceptional team of community leaders

to address a critical need in our community and ensure that everyone has access to essential and modern health care services. Establishing the new hospital is a significant contribution that will leave a lasting legacy. It's not just about the immediate benefits; the new hospital creates a foundation for future generations to thrive, ensuring that health care remains accessible for years to come.

Q: What inspired you about Trinity Health Livingston Hospital and/or the campaign in particular?

Scott – Trinity Health has made a tremendous commitment to our county. By being willing to rebuild a new hospital and keeping it here in the county, their commitment is unquestionable. As a faith-based organization they are demonstrating their belief in serving their community.

Kelly – First and foremost, the hospital represents a vital resource for our community, offering essential health care services that will improve the well-being of individuals and families. Its foundation in Christian values emphasizes compassion, healing, and support for those in need, which resonates deeply with me.

The grassroots fundraising campaign is particularly inspiring because it actively engages the community in a meaningful way. The campaign fosters a sense of ownership and collaboration by involving local residents and community leaders. It encourages everyone to play a role in bringing this vital project to life, demonstrating the power of collaborative action and unity. The combination of faith, community involvement, and the promise of improved health care motivates me to support the Forging our Future campaign wholeheartedly. Together, we can create a lasting impact that will benefit our community for generations.

Q: What advice would you give someone who is considering volunteering their time and energy to help lead or advance a philanthropic campaign?

Scott – Being part of a great cause and being surrounded by others that have a heart for giving is a reward in itself. “The art of living is the act of giving.” To quote Martin Luther King Jr. “Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.”

Kelly – I would encourage anyone considering volunteering their time and energy to a cause that matters to them to DO IT! Those who give their time and energy shine a bright light that inspires others and makes a positive difference. Echoing the words of Sir Winston Churchill, “We make a living by what we get, but we make a life by what we give.”



Forging our Future Campaign Cabinet Membership

Co-Chairs

Scott Griffith

Kelly Myers

Members

Kathy Barden

Dr. Mark Baumeier

Dr. Penny Baumeier

Barb Binkley

Pat Claffey

Tim Corrigan

Marcia Gebarowski

Tracy Gomez

Carol Griffith

Gavin Johnson

Kate Lowry

Steven Lowry

Mike Murphy

Mike Perry

Bill Rogers

David Snodgrass

Ex-Officio

John O'Malley

Douglas Ferrick

Lindsay Debolski

Craig Peiser

Forging our Future campaign cabinet members tour the hospital site. From left, back row: Bill Rogers, David Snodgrass, Mike Perry, Tracy Gomez, Dr. Mark Baumeier, and from left front row: John O'Malley, Tim Corrigan, Scott Griffith, Pat Claffey, Barb Binkley, Carol Griffith, Marcia Gebarowski, Kelly Myers, and Lindsay Debolski

Community Engagement



Trinity Health Livingston (THLN) leaders recently hosted a luncheon and a hard hat tour of the new Livingston Hospital for several of the Catholic priests who support the pastoral needs of Catholic patients at THLN.



Leadership Class Students from Brighton High School presented a gift of \$85,000 to benefit cancer patients of the Warren R. and Lauraine A. Hoensheid Cancer Center in Brighton. This is the 13th year that the students have raised funds for the cancer center through a growing variety of activities and events during Pink Week.



Comerica recently contributed a generous gift of \$15,000 from the Comerica Charitable Foundation to benefit Trinity Health's Community Health & Well-Being Initiative. Pictured are Hassan Melhem (left), vice president, External Affairs, and Steve Davis, Michigan Market President, (right), both from Comerica, with Doug Ferrick, regional vice president, philanthropy, Trinity Health - Southeast Michigan (center).



The Plymouth Township Fire Department recently presented Trinity Health Livonia with a donation of funds raised through the year to support breast cancer treatment and awareness.



Joseph DeMaria (sixth from left), CEO, DeMaria Building Company, and his team recently presented Matt Griffin, MD (5th from right), CMO and president, Trinity Health Livonia (THLA), with a gift to retrofit one of the hospital's behavioral health patient rooms to better accommodate bariatric patients. THLA has benefitted from DeMaria's community commitment and partnership for more than 20 years.

Ben Carter, EVP and chief operating officer, Trinity Health, and his wife, Beth, recently honored the labor and delivery team at Trinity Health Livonia (THLA) with philanthropic gifts to recognize the excellent care provided to their daughter, Janel Culbertson, and their grandchildren Kya June and William Carter who were born at THLA. Pictured From left: Tim Johnson, MD, chair, department of maternal and child services., THLA; Kya June Culbertson, Seth Culbertson, Shannon Striebich, president and CEO, Trinity Health Michigan; Janel holding William Carter Culbertson, Ben Carter and Beth Carter.



Jill Schubiner, gift officer, Trinity Health Oakland, pictured far left with Fabian Fregoli, MD, CMO and president, Trinity Health Oakland, and Lindsay Debolski, gift officer, Trinity Health Livingston (pictured immediate left), were both recently honored with the Heart of Trinity Health Colleague Award. This award recognizes colleagues that inspire and uplift our patients, our fellow colleagues, and the communities we serve.



Bill Brown Ford and Penske Automotive Group recently made a generous donation to benefit programs and services at our Trinity Health Cancer Center – Livonia Hospital in honor of breast cancer awareness month. Pictured Left to right: Hailee Scicluna, Marketing, Mariah Fowler, HR specialist, both of Bill Brown Ford, AJ Quackenbush, gift officer, Trinity Health Ann Arbor and Livonia; Cody Husemann, MSN, RN, director, Trinity Health Cancer Center-Livonia Hospital and Paige Edgell, social media coordinator, Bill Brown Ford.



Trinity Health Ann Arbor recently named Carole Sweet Cardiac Rehab in recognition of a generous gift from Mr. Gerald "Jerry" Sweet in loving memory of his late wife, Carole. Members of the Sweet family joined the cardiac rehab team for a dedication ceremony in the unit held on December 5. Pictured from left are: Kevin Moore, executive director, Michigan Heart; Frank Smith, MD, medical director, intensive cardiac rehabilitation, Michigan Heart; Amy Preston, cardiac rehabilitation manager, Michigan Heart; Greg and Laurie Sweet, Kathy and Doug Sweet, and Manak Sood, MD, cardiovascular and thoracic surgery.



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If you have an interest in supporting or questions about the impact of Trinity Health - Southeast Michigan programs, please contact a member of our philanthropy team.

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Please call us at 1-855-257-1719 if you wish to have your name removed from lists used to send fundraising requests supporting Trinity Health - Southeast Michigan and its hospitals.

Share Your Remarkable Story

Every day throughout our Trinity Health - Southeast Michigan ministries, patients and families have profound encounters with our compassionate, highly skilled doctors and caregivers.

We would love to tell your story.

If you have had an extraordinary care experience with Trinity Health – please share it with us by emailing THPhilanthropySEMI@trinity-health.org.

To view Gift of Health online visit:

www.trinityhealthmichigan.org/foundation-and-giving/southeast-michigan/why-give

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