



ORAL CONTRAST PREP SHEET FOR CAT SCAN

ON THE DAY OF EXAM:

No solid food for **four (4) hours** prior to your appointment.
YOU MAY DRINK CLEAR LIQUIDS AND TAKE YOUR MEDICATIONS.

BARIUM ADMINISTRATION SHAKE CONTAINER WELL BEFORE DRINKING AND REFRIGERATE

*Citrus based flavoring/No water required

** You may add any powdered flavoring to barium mixture (ex. Crystal life or Tang)

1. 4 hours before exam drink one 8 oz. glass or ½ a bottle.
2. 3 hours before exam drink one 8 oz. glass or ½ a bottle.
3. 1 ½ hours before exam drink one 8 oz. glass or ½ a bottle.
4. 30 minutes before exam drink one 8 oz. glass or ½ a bottle.

NOTE: If your doctor has ordered a Kidney Function Test including, Creatinine level, BUN (Blood Urea Nitrogen), and GFR (Glomular Filtration Rate).

Please go to your nearest Mercy Outpatient Lab at least 1 day prior to your appointment date so your lab results will be completed on time or it could result in your CAT scan being canceled or delayed. If lab work was done outside a Mercy Facility please bring a copy with you on your appointment day.

Appointment Day/Time: _____
Please arrive **15 minutes** prior to appointment time

Mercy Pavilion
Main Entrance
Check-in at Kiosk

HACKLEY CAMPUS
Main Entrance
Check-in at Radiology/X-ray Department

LAKESHORE CAMPUS
Main Entrance
Check-in at Radiology/X-ray Department

Pediatric dosing is based on the weight of the patient.

100 lb. and greater is prepped as above

75 lb. Patient consumes 6 oz per dose.

50 lb. Patient consumes 4 oz per dose.

25 lb. Patient consumes 2 oz per dose.

*Any question or concerns please contact 231-672-3927 opt. 0
To reschedule please call scheduling at 231-672-4800*