



2019 Annual Report

Energizing a community-wide focus on healthy living



Play



Engage



Stride

Mission

Energize a community-wide focus on healthy living in Livonia.

Vision

Through engaged partnerships, make Livonia the healthiest city in the nation.

#HealthyLivonia



Strategic Aims

- Pursue opportunities and strategic initiatives that engage community partners
- Focus on workplace, schools and community
- Support infrastructure improvements
- Provide funding for sustainable programs
- Seek grants to support initiatives

Healthy Livonia Steering Committee:

Scott Bahr, *Livonia City Council*

Ted Davis, *Superintendent, Livonia Parks and Recreation*

Jim Jolly, *Livonia City Council*

Jane Muszynski, *Healthy Livonia Program Coordinator*

Michaeline Raczka, *Director, Community Health, St. Mary Mercy Livonia*

David Spivey, *President and CEO, St. Mary Mercy Livonia; Vice President, Community Health and Well-Being, Michigan Region, Trinity Health*

Jennifer Taiariol, *Director, Student Services, Livonia Public Schools*

Dave Varga, *Director, Administrative Services, City of Livonia*

Dan West, *President and CEO, Livonia Chamber of Commerce*

Healthy Livonia Founding Partners





We are Healthy Livonia

Making the healthy choice the easy choice – that’s the goal of Healthy Livonia, a community-wide initiative led by St. Mary Mercy Livonia (SMML), in partnership with the City of Livonia, Livonia Public Schools, the Livonia Chamber of Commerce and Livonia Parks and Recreation.

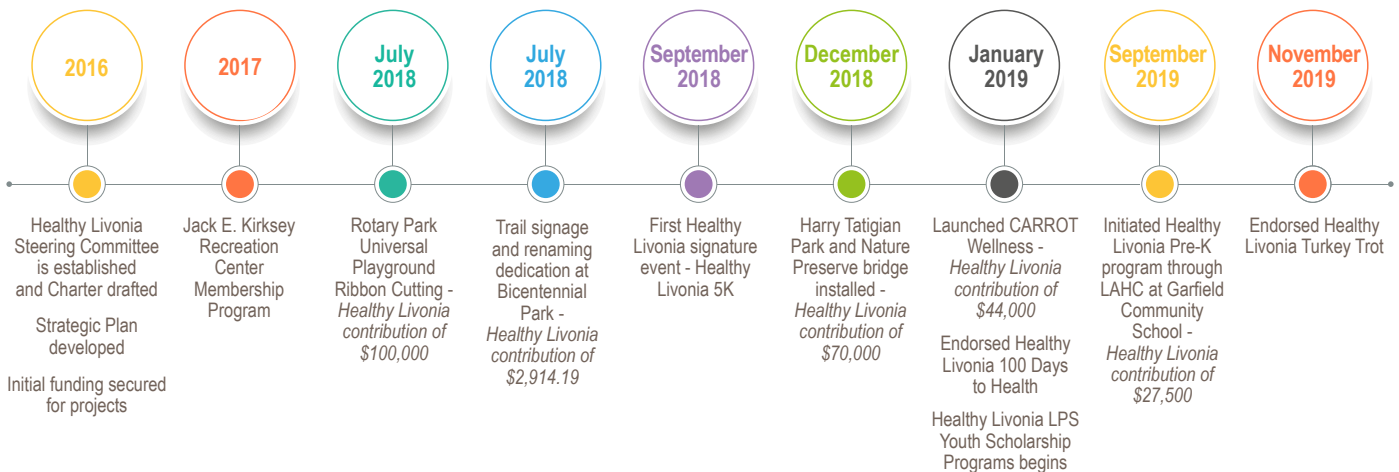
As we enter 2020, Healthy Livonia continues to find ways to strengthen the health and wellness of people of all ages in our community.

Healthy eating, substance use, mental health, access to care and physical activity were identified as priority health issues in our area as reported in a 2018 Community Health Needs Assessment (CHNA) and validated the 2015 CHNA identified priorities. SMML has committed \$200,000 annually, for five years to Healthy Livonia. To leverage dollars and programs, the Healthy Livonia Steering Committee seeks additional resources, grants and donations to fund efforts that promote healthy initiatives and activities in Livonia.

Healthy Livonia not only builds on existing programs, it introduces new ideas, events and activities while promoting Healthy Livonia as the brand for all things healthy in our community.

We are excited by the growth of Healthy Livonia over the past year and look forward to driving the positive momentum into 2020 and beyond.

#HealthyLivonia



Steps Ahead...

We look forward to the following exciting projects in the months to come:

- Support Livonia Public Schools and Livonia Parks & Recreation Department by building a greenhouse on the grounds of a local Livonia school.
- * Continue to expand participation in the CARROT Wellness walking app program.
- * Collaborate with local organizations to increase social support for Livonia seniors aged 65 and older.
- * Engage partners and funding sources to ensure future financial resources while supporting infrastructure developments.