



GET HEALTHY. STAY HEALTHY.

With the help of Trinity Health's
Weight Management Reimbursement Benefit

Trinity Health's Weight Management Reimbursement Benefit reimburses Colleagues for behavioral and nutritional counseling services for the purposes of non-surgical weight loss or weight management. See the next page for examples of covered services.



Approved expenses are processed through taxable payroll reimbursement.

You can request reimbursement for many common weight management services not covered by your health plan.

Below are examples of covered services.

WHAT'S COVERED	WHAT'S NOT COVERED
<ul style="list-style-type: none">• Outpatient counseling or therapy that are not covered by the medical plan• Office visits rendered by a licensed Physician that are not covered by the medical plan• Lab services performed during a course of treatment that are not covered by the medical plan• Behavioral and nutritional counseling services for weight loss rendered by a Trinity Health Ministry that are not covered by the medical plan• Nationally recognized programs that include behavioral modification and/or nutrition counseling as part of their programs (such as the behavioral health and nutritional counseling program offered by Jenny Craig, Weight Watchers and LA Weight Loss), for the purpose of non-surgical weight loss	<ul style="list-style-type: none">• Claims processed through a health plan, including charges that have been applied to your Deductible and Out-of-Pocket Maximums• Expenses submitted and reimbursed by any other health benefit plan.• Spa memberships• Vitamins• Health supplements• Fitness/sports equipment• Charges for food and/or nutritional supplements• Health clubs, gyms, personal trainers, exercise classes or exercise equipment• Services administered exclusively in a Web-based forum• Pharmacotherapy and/or injection expenses associated with weight loss• Charges for over-the-counter diet aids• Charges in connection with acupuncture, hypnotism, and/or biofeedback training• Services and/or programs not approved and/or provided in the United States

How to submit a claim

- There are three ways to submit a receipt for reimbursement:
- Through the WageWorks EZ Receipts® mobile app. Use your mobile device to snap a photo of your receipts and submit them for reimbursement.
- Through your WageWorks account. Log in to your account at www.wageworks.com, select the Pay Me Back option, upload a digital image of your receipt, and submit your claim.
- Obtain a Pay Me Back claim form in the Help section on your WageWorks account. Fax or mail along with copies of receipts to address or fax number on the form.

Need more info?

Go to <http://mybenefits.trinity-health.org/>.

Questions?

Helpful tips, guides, video tutorials and FAQs are available online at www.wageworks.com. HealthEquity and WageWorks are integrating to bring you world-class account service. Contact us at 866.346.5800. We are available 24/7 to assist you.

The term "savings" herein refers only to tax savings, and actual savings are dependent on individual tax rates. No part of this document constitutes tax, financial or legal advice. Please consult your advisor regarding your personal situation and whether this is the right program for you.